

Arrowhead District Boy Scout Roundtable Newsletter

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March 2008 Theme:

High Adventure opportunities; Philmont, Sea Base and Northern Tier. Numerous presenters

April 2008 Theme:

Orienteering: Presented by Paul Kraus

Related web sites:

Philmont <http://www.scouting.org/philmont/>
Sea Base <http://www.bsaseabase.org/>
Northern Tier <http://www.ntier.org/>

Bird of the Month:

Black Phoebe

http://www.birds.cornell.edu/AllAboutBirds/BirdGuide/Black_Phoebe.html

Special attractions:

- Games and more Games
- Friendship and Fellowship
- Refreshments
- Health and Safety Presentation

Knot of the Month:

The Arbor Knot

<http://www.animatedknots.com/arbor/index.php?LogoImage=LogoGrog.jpg&Website=www.animatedknots.com>

Constellation of the Month:

Orion: This is a constellation that is easy to recognize and find, marked by the three bright stars of Orion the Hunters belt. It is a winter constellation that is starting to set but it is still visible in the western sky.

Scoutmaster Minute Possibilities

- If you want to turn hours into minutes, renew your enthusiasm. Author unknown
- One ought to examine himself for a very long time before thinking of condemning others. Moliere (1622-1673) Actor and dramatist
- Make good habits and they will make you. Parks Cousins
- Wise sayings often fall on barren ground, but a kind word is never thrown away. Arthur Helps (1813-1875) Writer
- When you're in deep water, the best thing to do is shut your mouth. Author unknown



Wilderness Survival Quiz

From Wilderness Survival Skills Knowledge Cars. © Pomegranate Communications, Inc.
(<http://pomegranate.stores.yahoo.net/sc0107.html>)

How many pairs of socks should you have with you in the wilderness?

At least three pairs, or three sets of pairs if you wear thin, friction-reducing liner socks inside your thick hiking socks. This gives you one pair on your feet, one pair ready to use and one pair drying after washing. You should change (and wash) your socks often, even in arctic conditions. Dirty, sweat-stiff socks soon become blister-making sandpaper. Filthy socks also invite dangerous foot infections. In very cold, dry weather, let sweaty socks freeze. Then rub them together to shed the ice pellets: dirt and germs leave with the ice. Further drying will leave the socks surprisingly clean and fluffy. At night, wipe the inside of your boots (especially rubber arctic boots). Unlace them wide to dry. Careful: Too close to heat will damage them.

How should you extinguish a campfire?

Let the fire die completely, leaving only white ashes with few black charcoal bits. Spread the ashes and douse them thoroughly with water. Before you leave, feel around in the mess to make sure no hot embers are in there. Thoughtful campers pound the charcoal bits into powder. When all is cool to the touch, with not even one tiny crumb of a hot ember, scatter the ashes wide and thin, away from the camp and the trail. Leave existing fire rings intact, minus any garbage left by inconsiderate campers. Fill in a fire pit that you made with the topsoil, sand, or gravel you dug out to make it. Scuffle the area a bit to disguise the scar and preserve the feel of the untouched wilderness for the folks behind you.

