

Arrowhead District Boy Scout Roundtable Newsletter

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November 2007 Theme:

Cooking – Presented by Edie Neighoff of Troop 307

Related Merit Badges:

Backpacking, Camping, Cycling, Hiking, Wilderness Survival

Related web sites:

Fun Cooking: http://www.e-scoutcraft.com/activities/fun_cooking.html

Scouting Outdoor Recipes: <http://moorecountyboyscouts.org/scoutingresources/outrecip.es.html>

Chuck Boxes: http://scoutmaster.typepad.com/my_weblog/2006/03/chuck_boxes.html

Tips for the Patrol Cook: <http://www.stanford.edu/%7Ereh/PatrolCookTips.html>

Dutch Oven Cooking: <http://www.insanescouter.org/t276/files/dutchovencook.html>

Medical Minute:

Food Poisoning

http://www.emedicinehealth.com/food_poisoning/article_em.htm

Knot of the Month

Water Knot

<http://www.animatedknots.com/waterknot/index.php?LogoImage=LogoGrog.jpg&Website=www.animatedknots.com>

Bird of the Month:

American Tree Sparrow

http://www.birds.cornell.edu/AllAboutBirds/BirdGuide/American_Tree_Sparrow.html#map1

Special Attractions:

- Rechartering Packet Turn-in
- Games and More Games
- Friendship and Fellowship
- Refreshments

Scoutmaster Minute Possibilities

- "You will be happy if you aim to leave this world a little better for your being in it. One step in this direction, as a father, is to make your boy a better man than yourself." Rovering to Success, B-P
- To forgive heals the wound, to forget heals the scar. Author unknown
- It is better to be approximately right than precisely wrong. Warren Buffett Investor and business leader
- To be one's self, and unafraid whether right or wrong, is more admirable than the easy cowardice of surrender to conformity. Irving Wallace (1916-1990) Writer and screenwriter



Wilderness survival skills quiz

How should you make your food “bear safe” when camping?

Hang your food from a tree, at least 10 feet off the ground and 4 feet from the nearest trunk or thick branch. It’s often easiest to stretch a rope between two trees and hang your (sealed) sack in the middle of it. Get the rope that high by tying a weight to one end and tossing it over a branch. Put all your food, garbage, and the food scented clothes you wore while cooking into the sack. Include your soap, toothpaste, and other smelly stuff that the bears might appreciate. The “bear bag” should be at least 100 yards from your tent, away from obvious bear trails and feeding areas.

How do you dispose of garbage and trash?

You packed it in; you pack it out. This includes food “garbage” – leftovers, scraps, and fish parts. Don’t bury it: wild animals will dig it up messily. That teaches them bad habits and can make them dependent on human visitors. Pick up plastic bags, boxes, bottles, cans, and stove fuel cartridges. Gather the little stuff like lids, candy and gum wrappers, cigarette packs, butts and filter tips, bottle tops, plastic bag closing clips, teabags, and the detritus of fishing – especially monofilament line. Even minor trash accumulates over the years to make campsites look like small town dumps. Make a gesture to the future; pack out the stuff others have left, too.

